



MONTANA MARATHON



Sunday, September 20, 2020

The Billings Family YMCA is proud to be hosting the 40th Annual Montana Marathon. This USATF certified, Boston qualifying race course offers a scenic view through Big Sky country and it is ideal with its 1,000 foot decline in elevation.

Start Times:

6:30 am **Marathon (Group 1 & 2)**
8:30 am **Half Marathon - Group 1**
10:00 am **Half marathon - Group 2**
Runners will start in waves of 50.

Shuttle Times from Senior Park Lot:

<u>Load</u>		<u>Depart</u>	
4:30 am	to	5:00 am	Marathon—Group 2
7:00 am	to	7:30 am	Half Marathon Group 1
8:30 am	to	9:00 am	Half Marathon Group 2

Shuttles will depart from the Senior High School parking lot located at 425 Grand Avenue. The parking lot is to the north of the school building just off of Virginia Lane. You must be on the bus by the above posted time. **(Buses are limited to 25, with one person per seat and masks are required).**

Marathon Park & Drop—Group 1 Runners ONLY

Drive to Molt and Park in designated area. Runners are responsible for getting back to Molt to get their cars. OR

Drop and Go - Runners have someone drop them off and leave immediately to prevent traffic congestion and keep our runners safe.

Parking and drop and go must arrive by 6:00 AM as the timing mat will be set up and there will be no access to the parking lot.

Marathon Shuttle— Group 2 Runners ONLY

The Shuttle Buses will load from **4:30 am to 5:00 am**. This will be the only time that the shuttles will transport Marathoners to the start.

Half Marathon—Groups 1 & 2 Runners

Molt Road is a highway with speeds in excess of 60mph. There is no parking near the start! For the safety of our runners and volunteers, we require all runners to ride the bus. Please see our COVID policy for our bus procedures. There is absolutely no drop off or parking at the Half. Runners will be disqualified if their bib number is not recorded upon entering the bus. If you do not feel safe riding the bus please do not register.

Aid Stations:

There are thirteen aid stations throughout the course at approximately marathon miles 3, 6, 9, 11, 13, 15, 18, 20, 21, 22, 23, 24 and 25. There is also an aid station at the start of marathon. Each station will supply water. HEED electrolyte drink mix and Hammer Gel will be offered at Marathon miles 6, 13, 18 and 23.

Portapotties:

Portapotties will be available at the bus loading area at Senior High School parking lot, the start of each race and approximately miles 3, 6, 9, 12, 15, 18, 20, 22, 23, 24 and at the finish line in Pioneer Park.

COVID-19 Guidelines

Please see information on our website for current COVID-19 Guidelines.

Drop Bags:

Drop bags will be included in your race packet. It is your responsibility to bring your drop bag on race day if needed. Fill out the tear-off tag portion of your race bib and attach it to your drop bag with the provided zip tie. Bins labeled drop bags will be at the start of the race. We will transport the bags to the finish line at Pioneer Park.

Course Closure:

All participants must be capable of completing the Marathon in 7 hours. For the sake of our volunteers, there will be no support along the course past the cutoff times, runners may choose to run at their own risk. Runners, who choose to finish after the 2:00 cut off time, will not receive an official time.

Cut off times are an average of 15 minute mile for the Marathon and 17 minute mile for Half Marathon.

Mile 7 - cut off time 8:45am

Mile 13.1 - cut off time 10:15am

Mile 20 - cut off time 12:15pm

Course Closes at 2:00 PM

Course Safety and Emergency

The course is marked well, but it is open to traffic. There will be volunteers at most intersections. Please remain on the right side of the road, unless otherwise directed. Because the course is open to traffic, we recommend that all participants wear bright colored clothing to improve visibility. Music devices and earbuds/earphones are strongly discouraged.

If you experience a medical emergency while on the course, please inform a volunteer and/or call 911. Ham Radio volunteers will be providing communications throughout the race course. There is no cell phone coverage for the first 13 miles of the Marathon. There is a fully staffed medical tent at the finish line and Billings Clinic medical vehicles at certain points along the course.

If you decide to leave the course, please let a staff or volunteer know so we don't wonder where you are.

Race Day Temperature:

You know what they say about Montana Weather? It changes daily! Check the weather to dress accordingly.

We will open windows on the buses to allow for fresh air to circulate—please dress accordingly as the morning will be chilly!

Race Medals:

All finishers will receive a medal once they cross the finish line.

Finisher Area:

All runners will finish near Pioneer Park along 3rd Street West and then proceed through to the finish area. This area is restricted to running participants only. Bottled water, and snacks will be provided. A medical tent provided by **Billings Clinic** will be available to runners.

Awards

Award medals will be available for pick up or mailed to the overall male and female winners, top 3 male and top 3 female winners of each age group for the Marathon and Half Marathon.

Lodging:

Our MT Marathon partner hotels are Home2Suites by Hilton, Northern Hotel, and Big Horn Resort. Contact a preferred hotel at the numbers listed for reservations:

Home2Suites - (406) 252-2255
Northern Hotel - (406) 867-6767
Big Horn Resort - (406) 839-9300

Home2Suites will offer a shuttle from their hotel to the Senior High School parking lot for event shuttles the morning of the race for participants only.

Hotel Shuttle reservations are made at the hotel front desk

Transportation:

Downtown Billings is walker friendly and has many great shops and eating establishments. Local taxi service, city transportation and/or Uber are means of traveling to our shuttle bus transportation location in the parking lot of Senior High School.

Prerace Dinner:

Billings has many great restaurants to choose from and we want you to experience our city. Check out **www.visitbillings.com** for a list of restaurants.

Questions, Comments or Concerns:

Billings Family YMCA
402 N. 32nd Street, Billings, MT 59101
(406) 294-1622
mtmarathon@billingsymca.org

Packet Pickup: Marathon, Half, Virtual 10K

Where:

Billings Family YMCA
402 North 32nd Street
Billings, MT 59101

When: September 19, 2020
12:00 PM - 6:00 PM

Please use the west entrance of the YMCA (4th Avenue N. and 33rd Street).

Packets will be mailed to out of town Virtual 10K Participants.

10K Virtual Option

What is a Virtual Race?

A virtual race is a race that can be run (or walked) from any location you choose. You can run, jog, or walk on the road, on the trail, on the treadmill, at the gym, or on the track. You get to run your own race, at your own pace, and time it yourself. Your medal will either be shipped to you (for out of town racers) or picked up at the Billings Family YMCA.

You have worked hard to train and you deserve some cool swag for your efforts! You will receive a limited edition 40th Anniversary Montana Marathon Medal and MT Marathon Brooks Performance shirt.

All funds raised benefit the Billings Family YMCA and local school and community groups.

Refunds/Deferral:

Entry fees are non-refundable and non-transferable. No exceptions. Once we receive and accept your entry, you will not receive a refund if you cannot participate, you may not give or sell your race number to anyone else, and you may not defer your entry fee to a future race.

If the Montana Marathon and Half Marathon are cancelled due to COVID-19, participants will receive a refund of their registration fee minus \$10 for processing fees.

In the event that you registered but cannot participate, please consider your entry fee as gift to our Billings Family YMCA and community organizations that benefit from this race and serve our community.

Revised July 24, 2020