



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIT FOR LIFE

Get fit while having fun!

BILLINGS FAMILY YMCA

We want every kid to fall in love with fitness, setting a positive and strong foundation for their health! Each session will include activities to show kids that fitness can be fun, with activities like laser tag, kick-ball, relay games, and more! Every class will build up a sweat and team building skills!

DATES: Jan. 2-30; Feb. 1-27;
March 1-31; April 3-28;
May 1-29

AGE: 5-13 years

DAY AND TIMES:

(5-8 years) Mondays,
5:30pm-6:30pm;

(9-13 years) Wednesdays,
5:30pm-6:30pm

406-248-1685
Billings Family YMCA
402 N. 32nd Street
Billings, MT 59101
www.billingsymca.org



PROGRAM INFORMATION:

TIME:

- (5-8 years) Mondays, 5:30pm-6:30pm;
- (9-13 years) Wednesdays, 5:30pm-6:30pm

LOCATION

- Racquet Ball Courts

SESSIONS:

- January 2-30
- February 1-27
- March 1-31
- April 3-28
- May 1-29

PROGRAM ACTIVITIES:

- Laser Tag
- Kickball
- Relay Games
- Sports
- Rockwall
- And much more!!!

COST:

- Members: \$20
- Non-members: \$35

REGISTRATION INFORMATION:

- Member registration begins December 1, 2016
- Non-member registration begins December 15, 2016

Class size is limited to 25 participants.